

Mug Rug Quilt Finishing Tutorial

By Marie Duncan

It's all about finishing your quilt!!! Make a variety of mug rugs to "practice" your quilt finishing techniques. From binding to rick rack, you'll learn it all!



The cross stitch design, **100437027**, is free for the month of April 2013 from www.myembroideries.com.

AVAILABILITY	QTY	EACH	TOTAL
In-Stock	1	\$10.00	\$10.00

Order Subtotal: \$10.00
Product Discounts: (\$10.00)
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To download the design from the PFAFF® website, click on **Embroidery Designs** then **Free Designs**. Click on: [Click here for FREE coupon and to download instructions](#). On the new page, click the link that says: [Get the April 2013 design now](#).

When you get to the checkout, enter the coupon code **freeapr2013** in the box. Click **Apply**.

After April 2013, the design will be available for purchase on www.myembroideries.com.

Sewing Supplies:

- 5D™ Embroidery software
- Adjustable Guide Foot with IDT™ system 820677096
- Narrow Edge Foot with IDT™ system 820609096
- Clear ¼" Right Guide Foot with IDT™ system 820881096
- 80 x 80 *creative*™ Petite Square Hoop 821006096
- INSPIRA® topstitch needle, size 90 620099096
- Quick Easy Mitred-Binding Tool 140002480
- ⅔ yards of tone on tone cotton print for base fabric
- ⅓ yard cotton print for bound backings
- ¼ yard cotton print for envelope style piece backings
- ⅛ yard cotton print for binding
- Warm and Natural Cotton Batting
- Sulky 30 wt. cotton thread
- Sewing thread

- Bobbin thread
- Chalk marker or fabric marking pen
- 1 package medium rick rack
- ¼" wide Steam-A-Seam 2

As we create our Mug Rugs we will be practicing different methods for finishing quilts. The methods used will be traditional binding, envelope style - with and without rick rack or trim, and faux binding which involves bringing the backing fabric around to the right side to form the binding. The cutting instructions and sewing supplies provide information for making five mug rugs, each using a different technique.

Cut:

For five Mug Rugs:

From tone on tone base fabric:

Five pieces 8½" wide x 10" long

From cotton batting:

Five pieces 8½" wide x 10" long

From cotton backing fabric:

Three pieces 8½" wide x 10" long for bound backings

Two pieces 5½" square for envelope style backing

From binding fabric:

One piece 2¾" wide x width of fabric

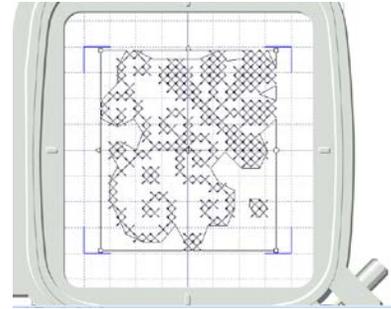
Prepare:

The finished size of design 100437027 is 84mm x 74.5mm. We would like to reduce the size of the design so that it will fit in our 80 x 80 *creative*™ Petite Square Hoop. Because we are only changing the design slightly, we are using scale instead of resize. This means that the stitch count will remain the same.

Note: Scale is preferred over resize for simple designs that are being changed a minimal amount. Any thing more complex should be resized, so that the stitch count changes to accommodate the change and ensure a good result.

1. Open **5D™ Embroidery**.
2. Click on **Hoops** .
3. Select the **80 x 80 creative™ Petite Square Hoop**.
4. Bring in design **100437027.vp3**.

5. Hold down the **Control Key** and drag the corners in until the design fits in the 80 x 80 hoop.
6. The design size should now be approximately **76 x 67**.
7. Save the design as **100437027reduced.vp3**.



Note: The embroidery is done with different fabric layers, depending on the finishing method being used. Please read all the instructions before beginning embroidery.

Traditional Binding:

There are several ways to do traditional binding on a quilt. In one method you stitch the binding to the right side of the quilt, then bring it to the back and hand stitch it in place. For the second method you will stitch the binding to the wrong side first, then bring it around to the front and machine stitch it in place. You will have a chance to practice both methods.

Embroider:

1. Insert a size 90 topstitch needle.
2. Thread with 30 wt. cotton thread on top and in the bobbin.
3. Create a quilt sandwich using a tone on tone fabric rectangle and the same size batting and backing fabric. The fabrics should be wrong sides together with batting between them.
4. Hoop all three layers in the **creative™ Petite Square Hoop**.
5. Transfer design **100437027reduced.vp3** to your embroidery machine.
6. Advance one stitch to the first stitch in the design.
7. Turn your handwheel towards you to bring the bobbin thread to the top.
8. Begin embroidering the design. After a few stitches, stop and cut the bobbin thread.
9. Finish the embroidery.
10. Cut the embroidered piece down to a 5" square, making sure the design is centered.
11. Embroider a second piece in exactly the same way.

Binding with hand finish:

1. Our cutting instructions called for binding strips $2\frac{3}{4}$ " x width of fabric. This will result in a binding $\frac{3}{8}$ " wide.

Note: For a quilt it will be necessary to cut more than one binding strip. Sew the binding strips together, end to end, to form one long strip. This step won't be necessary on our Mug Rugs.

2. Fold the binding in half, wrong sides together, lengthwise, and press.
3. Place the binding on the wrong side of the quilt sandwich in the middle of an edge.
4. Snap on your Adjustable Guide Foot with IDT™ system.

5. Select straight stitch **1.1.1** .

6. Set the guide for $\frac{1}{2}$ " using the markings on your throat plate, or measuring over from the needle.

7. Thread with sewing thread top and bobbin.

8. Align the edge of the fabric with the guide on the foot. Begin stitching approximately $\frac{1}{2}$ " from the end of the binding.

9. Stitch to approximately $\frac{3}{8}$ " from the edge, stop with your needle down, pivot and sew diagonally, into the corner as shown.

10. Remove the fabric from the machine.

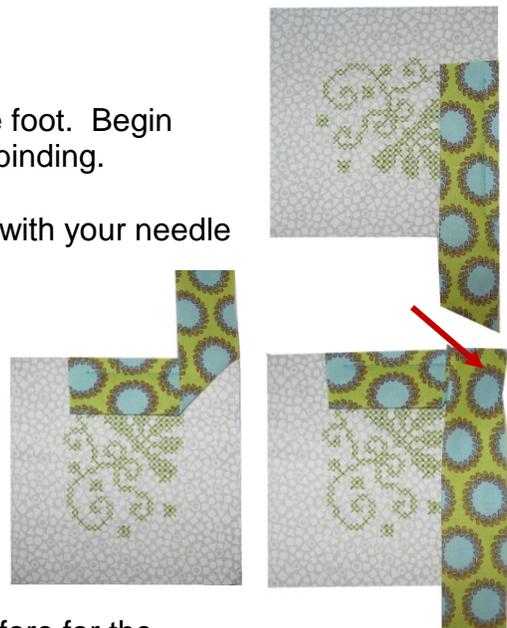
11. Turn the fabric to begin the next side. Fold the binding straight up and back as shown.

12. Insert the needle at the corner of the miter as shown. You can "feel" it through the layers. Sew to the next corner, pivot, and repeat as before for the remainder of the quilt.

13. Stitch until the two loose ends meet.

14. Fold the quilt sandwich right sides together and carefully pin the binding so the folded edges meet. Seam the binding together where the raw edges meet. Trim the seam allowance to $\frac{1}{4}$ ". Press this seam open.

15. Wrap the binding over the raw edges to the wrong side and hand stitch in place.



Binding with machine finish:

1. Place the binding on the wrong side of the quilt sandwich.
2. Follow the same steps as before.
3. When the binding is sewn to the quilt, wrap it around to the front of the quilt sandwich.
4. Snap on your Narrow Edge Foot with IDT™ system.
5. Select a pin stitch, **2.1.9** . **Mirror side to side** .
6. Align the edge of the binding with the flange of the foot.
7. Stitch the binding in place.

Quick Easy Mitred-Binding Tool:

Binding with the Quick Easy Mitred-Binding Tool is a great way to finish quilts, placemats, runners and of course, Mug Rugs!

Embroider:

1. Insert a size 90 topstitch needle.
2. Thread with 30 wt. cotton thread on top and in the bobbin.
3. Create a quilt sandwich using a tone on tone fabric rectangle and the same size batting and backing fabric. The fabrics should be wrong sides together with batting between them.
4. Hoop all three layers in the *creative*™ Petite Square Hoop.
5. Transfer design **100437027reduced.vp3** to your embroidery machine.
6. Advance one stitch to the first stitch in the design.
7. Turn you handwheel towards you to bring the bobbin thread to the top.
8. Begin embroidering the design. After a few stitches, stop and cut the bobbin thread.
9. Finish the embroidery.

Sew:

1. Using a water soluble or air soluble fabric marking pen, mark a 5” square on the embroidered fabric, making sure that the embroidery is centered in the square.
2. Cut the embroidered front and batting only on this 5” line, leaving the backing its original size.
3. Trim the backing so it extends 1” beyond the edge of the cut embroidered piece on all four sides.
4. Follow the instructions in your Quick Easy Mitred-Binding Tool to bring the backing around to the front and miter the corners.
5. Thread with sewing thread top and bobbin.
6. Snap on your Narrow Edge Foot with IDT™ system.
7. Select a pin stitch, **2.1.9** . **Mirror side to side** .
8. Stitch the “binding” in place.

Envelope Style:

A quick, easy way to finish a quilt is to do what is called envelope style. You place the backing fabric right sides together with the pieced quilt top with batting behind and sew around all four sides leaving an opening for turning. This style of quilt has no binding. It is great for placemats, baby quilts, and our Mug Rugs!

Embroider:

1. Insert a size 90 topstitch needle.
2. Thread with 30 wt. cotton thread on top and in the bobbin.
3. Layer a tone on tone rectangle of fabric with batting underneath it; hoop in the *creative*™ Petite Square Hoop. The backing is not hooped in this method.
4. Transfer design **100437027reduced.vp3** to your embroidery machine.
5. Advance one stitch to the first stitch in the design.
6. Turn your handwheel towards you to bring the bobbin thread to the top.
7. Begin embroidering the design. After a few stitches, stop and cut the bobbin thread.
8. Finish the embroidery.

9. Cut the embroidered piece and batting to a 5½" square, making sure the embroidery is centered.

Sew:

1. Thread with sewing thread top and bobbin.
2. Snap on your Clear ¼" Right Guide Foot with IDT™ system.
3. Place the trimmed embroidered piece right sides together with a 5½" square backing piece.
4. Stitch around the square leaving a 3" opening on one side for turning.
5. Clip the corners.
6. Turn through the opening.
7. Stitch the batting to the backing in the seam allowance. This will prevent it from pulling away, when washed.
8. Insert Steam-A-Seam 2 into the opening and press with steam to fuse, or hand stitch the opening closed.

Rick Rack Variation:

For a fun variation on the envelope style, stitch rick rack around the quilt before sewing to the backing. Start and stop in a corner, as shown, letting the cut edges run into the seam allowance.

Stitch the back as in the envelope style. Your rick rack will "peek" out of the edging giving a fun, twist to the ordinary quilt!

