

## Summer Picnic on the Courthouse Steps

By Katrina Walker

Sew a beautiful reversible table runner or wall hanging featuring custom machine embroidered applique with beveled border stitching and delicate floral motif. Add a new tool to your piecing repertoire by using Korean pojagi-inspired seaming techniques for a uniquely beautiful creation. A creative technique for sewing flat-felled seams makes it simple.



### Supply list:





























- PFAFF® *creative sensation*™ pro Sewing Machine
- 6D Embroidery Foot
- Narrow Edge Foot with IDT™ system 820609096
- Adjustable Guide Foot with IDT™ system 820677096
- *creative*™ 120 Square Hoop 412968202
- INSPIRA® Whisper Web Mesh 620111196
- Fabric:
  - Fabric A: 2 fat quarters
  - Fabric B: ½ yd x Width of fabric (WOF)
  - Fabric C: ½ yd x WOF
  - Note: fabrics that are attractive on both sides, such as batiks, are recommended.
- Thread to coordinate with fabrics
- Applique scissors
- Rotary cutter, ruler and cutting mat
- Basic sewing supplies
- Gridded clear ruler, suitable for marking ½"
- Fabric folding pen (optional)




### Cut

1. Fabric A:
  - six 9" squares
2. Fabric B:
  - six 3" x WOF (width of fabric) strips, two 6" squares

3. Fabric C:
  - six 3" x WOF strips, one 6" square

## Design



1. Put your sewing machine in **Sewing Mode** .
2. Select **Stitch Sequencing** ; select stitch **4.8.23** .
3. Long touch **Duplicate** . Type 20 and click  twice to exit Stitch Sequencing.
4. Select **Sewing Programs** , click  and  to add a 45 degree taper to top and bottom.
5. Select **Single Stitch** . Exit Stitch Programming. Open **Save Options**  and **Save to Personal Menu** .
6. Switch to **Embroidery Mode** .
7. Click  and select the **120x120mm** hoop.
8. Open **Selection Menu**  and click . Select your stitch saved in the Favorite Menu . Note: it will beep to indicate that the stitch has been converted to an embroidery design.
9. Open **Shape Creator™** feature . Select the **Square** .
10. With **Scale**  selected, use **Scale Control**  to resize square to 95.9x95.9. Click **Duplicate Last**  to make 4 total stitches.
11. Touch **Select Side Positioning** . Select the second icon from the left  to rotate and align the stitch along the shape.
12. Touch and hold **Create Applique** ; select Custom Applique. Accept changes and exit **Shape Creator™** feature.
13. Open **Selection Menu** ; go to **Designs**  then **Built-in Quilt Designs** .
14. Select design: **Q\_27.vp3** . **Center Design** .

15. Open **Resize** . Resize the design to *approximately 79.9x79.5* (slightly smaller is fine). Accept changes and exit Resize function.
16. Open **Selection Menu** ; go to **Mini-Designs embroidery design folder** .
17. Select design: **M\_35.vp3** . **Center Design** .
18. Open **Thread Color Edit** . Use the **Multi-Select Tool**  to select design colors 2:1, 3:1, 3:2, 3:3
19. Click **Quick Color Change**  to change color to Black (RA 2296). Click  and exit Thread Color function.
20. Switch to **Stitch Out Mode** . Select **More Options** . Select **Color Merge** . Close the More Options tab.

## Embroider

1. Hoop one 9" square in a 120x120mm hoop with cut-away stabilizer.
2. Thread machine with embroidery thread and bobbin.
3. Attach 6D embroidery foot. Press **Start/Stop** . Stitch Applique placement line.
4. Place Applique fabric (6" square). Stitch Applique fabric into place.
5. Remove hoop and trim close to stitching on outside of stitched square.
6. Reinsert hoop and stitch mitered border applique.
7. Continue to stitch remainder of embroidery design.
8. Repeat embroidering process for remaining 2 center squares.

## Construct

1. Switch back to **Sewing Mode** . Snap-on **Adjustable Guide Foot**. Engage the IDT™ system and thread machine with sewing thread and bobbin.
2. Select stitch **1.1.1** ; default stitch length setting.

3. Baste (stitch or glue) one unembroidered square of Fabric A to an embroidered square, wrong sides together.
4. Fold two parallel edges of a prepared (double layer) square (Fabric A) ½" toward the wrong side.
5. Insert a strip of Fabric B into one of the folds created in step 4, **wrong sides together**, with raw edge of the Fabric B strip butted against the inside of the fold.
6. Set Adjustable Guide Foot for ½" and stitch ½" away from the folded edge, along raw edge of fold. Do **not** worry about catching the raw edge of the fold.
7. Press as sewn to set stitches, then press the seam to one side toward raw edge of fold, so that all raw edges are concealed.
8. Remove foot and snap-on Narrow Edge Foot with IDT™ system.
9. Place pressed folded edge of seam along Narrow Edge Foot Guide.
10. Adjust your stitch position sideways to the desired edgestitching distance from the fold.
11. Edgestitch along folded edge to secure. There will now be two rows of stitching showing on the top/right side of the fabric, and two on the reverse. Press.
12. Repeat Steps 3 through 11 on opposite (parallel) folded edge of Fabric A square.
13. Using a rotary cutter, ruler and cutting mat, square off the Fabric B strips so that they are aligned with the remaining unfolded parallel edges of Fabric A square.
14. Fold the remaining two parallel raw edges of Fabric A square (and the ends of the Fabric B strips sewn to it) ½" toward the wrong side. Remember that the wrong side has only one row of stitching showing.
15. Insert a strip of Fabric C into the fold as previously done in step 5. Continue with steps 6 – 11 as before.

16. Insert a strip of Fabric C into the opposite (parallel) folded edge of the Fabric A square/Fabric B strip, wrong sides together, parallel to the previous seamed piece.
17. Sew as previously done following steps 6 – 11.
18. Using a rotary cutter, ruler and cutting mat, square off the Fabric C strips so that you now have a square with strips of Fabric B and Fabric C sewn perpendicular to each other with the Fabric A square in the middle.
19. Continue to construct the block in the same manner, alternating directions and fabrics until you have 3 strips of each Fabric B and C on either side of the central Fabric A square.
20. Piece two more squares in a similar manner.
21. Determine which direction you want the blocks to face. Fold under the raw edges of the center block  $\frac{1}{2}$ " toward the wrong side, on the parallel edges facing the other two blocks.
22. Seam the end blocks into the center block using the same flat-felled construction technique used to construct the blocks.
23. Finish your table runner by turning and hemming the edges or creating a binding with any remaining fabric as desired.

**Enjoy decorating your home with your beautiful reversible table runner!**