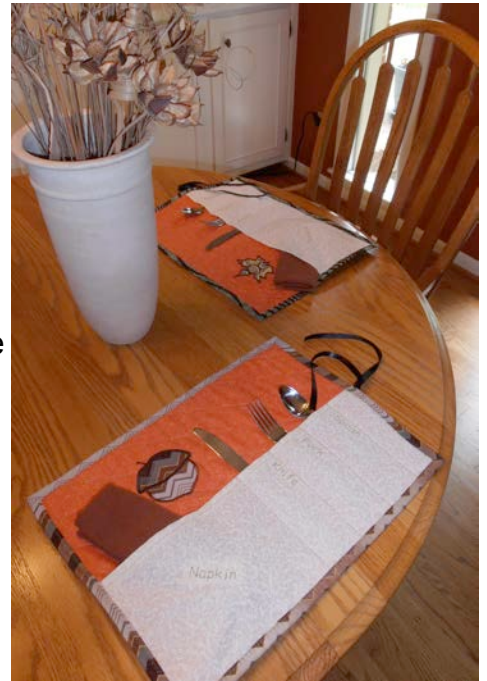


## Applique Roll Up Travel Placemat

By Soni Grint

Make this fun applique roll up placemat while learning many techniques you can use in other projects. Learn, or remind your self how, to program words with your PFAFF® Sewing or Embroidery Machine. Applique with sewing or embroidery. Practice your free motion quilting on a smaller project (or channel quilt if desired). Finally use the Quick Easy Mitered Binding tool to bind your placemat, bringing the back around to the front.



### Sewing Supplies:

- Any PFAFF® Sewing or Embroidery Machine
- PFAFF® Clear Open Toe Foot for IDT™ System (D,E,F,G,J,K) 820916096
- PFAFF® Open Toe Free-Motion Spring Foot (C,D,E,F,G) 820544096
- (J) 820780096
- PFAFF® 150x150mm *creative*™ All Fabric Hoop II 820889096
- INSPIRA® Tear-A-Way Stabilizer 620120001
- INSPIRA® Fuse N Stick Stabilizer 620133296
- ½ yd. 44" wide Woven Fabric for Back (for 2 placemats)
- ⅓ yd. 44" wide Woven Fabric for Front (for 2 placemats)
- 7" of 44" wide Woven Fabric for Pocket (for 2 placemats)
- 6"x6" Woven Fabric for Applique (leaf or acorn)
- 12"x16" Sew-Soft Fusible Quilt Batting 140001741
- ½ yd of ¾" wide coordinating ribbon
- Construction Thread for placemat
- Decorative Rayon Thread for Applique
- Bobbin Thread for Applique
- Quick Easy Mitered Binding Tool 140002480
- INSPIRA® 6" Duck Bill Appliqué Scissor 620102596
- Straight Pins
- Rotary Cutter, Mat and Ruler

## Cut (for 1 placemat):

From Back Fabric:

15"Lx19"W

From Front Fabric:

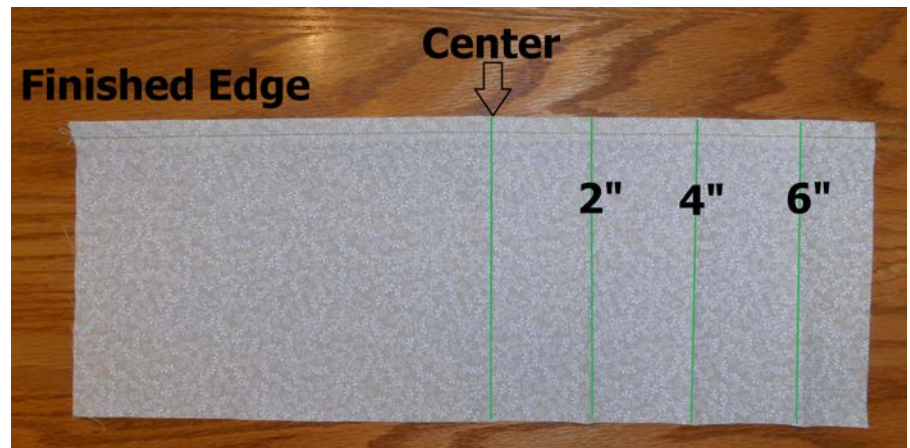
12"Lx16"W

From Pocket Fabric:

7"Lx16"W

## Prepare the Placemat Pocket:

1. Finish top (one long) edge of pocket by pressing under  $\frac{3}{8}$ " under on the long edge. On same edge, press under  $\frac{1}{2}$ " to finish the top.
2. Set your PFAFF® sewing machine for a **straight stitch**. Snap-on the **0A foot** and engage the **IDT™ System**.
3. Thread with construction thread in both top and bobbin.
4. Place the fold of the fabric along the right side of the 0A foot. Sew a straight stitch along the edge to finish the top.
5. Mark the center of the pocket.
6. Measure 2", 4" and 6" from the center to the right and mark. (These will be your stitching lines.)



7. Program the words, "KNIFE", "FORK", "SPOON" and "NAPKIN", with your sewing mode letters.
8. Snap-on the **2A sewing foot**.
9. Place a piece of INSPIRA® Tear-A-Way Stabilizer under the pocket.

10. Starting 1" down from the finished edge, align the right side of the foot with the marked first (2") line from center. Sew the word KNIFE.
11. Starting 1" down from the finished edge, align the right side of the foot with the marked second (4") line from center. Sew the word FORK.
12. Starting 1" down from the finished edge, align the right side of the foot with the marked third (6") line from center. Sew the word SPOON.
13. In the unmarked half of the pocket, sew the word NAPKIN.
14. Trim any jump stitches and carefully remove the stabilizer from the back of the pocket.

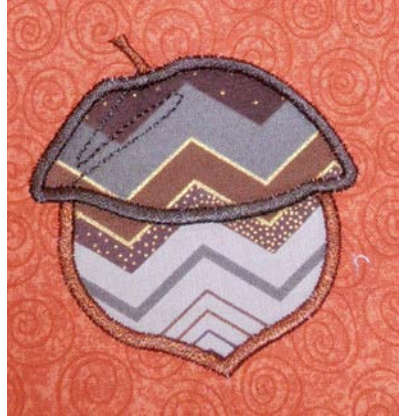


Your pocket is ready for placemat construction!

### Prepare the Placemat Front:

1. Find the upper left quadrant of the placemat front by folding the front fabric in half lengthwise and then in half by width.
2. Press or finger press.





## For Sewing Machine Applique

1. Using the leaf or acorn template, trace the shapes on the Fuse N Stick.
2. Trim the Fuse N Stick about 1/8" larger than the traced marks.
3. Fuse the stabilizer to the wrong side of the applique fabric pieces.
4. Trim the fabric on the traced marks.
5. Remove the paper from the appliques.
6. Place the appliques in the upper right quadrant of the placemat front, leaving at least 1" from the unfinished edges.
7. Fuse the appliques to the placemat front.
8. Snap-on the **Open Toe Applique foot**.
9. Change to decorative thread in the top and bobbin thread in the bobbin. Choose a **4 mm satin stitch**.
10. Place Tear-A-Way Stabilizer under the applique. Sew with most of the stitch on the applique, just covering the unfinished edge of the applique. (See Note 1 for applique advice.)
11. Sew around all of the appliques. (If appliqueing the acorn, stitch the satin stitch for the stem first, then the bottom of the acorn and finish with the top. You can change color of thread for the acorn top.)
12. Carefully remove the stabilizer.

OR

## For Embroidery Machine Applique

1. Hoop Tear-A-Way Stabilizer in the **150x150mm creative™ All Fabric Hoop**.
2. Load the leaf or acorn embroidery into your machine. Choose the design. Place hoop on machine and go to the stitch out mode.
3. Lay the upper right quadrant of your placemat front in the hoop.
4. Check the placement of the design on the placemat by using **Precise Positioning** or using corner icons leaving at least 1" from the raw edges of the placemat front.

5. Baste the placemat front to the stabilizer.
  6. Embroider the applique. (The designs were created with a placement line, stitch down line and then satin stitch around the outside edge. Sew the placement line to see where the design will go. Lay the applique fabric over the placement line. Sew the stitch down line over the fabric. Take the hoop out. Leave the fabric in the hoop! Trim around the design, close to the stitching, with applique scissors. Place the hoop back on the embroidery machine and sew the satin stitch.)
  7. When the design is finished, take off the hoop.
  8. Carefully remove the stabilizer.
- Your front is ready for placemat construction!

## Sew:

1. On an ironing board, place the placemat back right side down.
2. Center the quilt batting on the placemat back.
3. Place the placemat front, right side up, over the batting creating a quilt sandwich. (The placemat back is about 1 ½" larger than the front all around. If the placemat front and batting are not the same size, trim so they are even.)
4. Iron the quilt sandwich together.
5. Change back to construction thread in top and bobbin.
6. Set up for free motion sewing.
7. Free motion quilt using the **Open Toe Stippling foot**. (If you do not want to free motion your placemat, channel quilt the pieces together. Use the **0A foot** and the **IDT™ System** for the channel quilting.)
8. Lay the placemat pocket on the quilt sandwich aligning the bottom of the pocket with the bottom of the placemat front. Ensure the pocket sides and front sides are also aligned. Trim the pocket as needed.



9. Pin together through all layers. Snap-on the **0A foot**. Set up for a straight stitch.
10. Starting with the pocket center mark, straight stitch from the finished edge to raw edge of the pocket and front, through all layers. Back stitch at the top and bottom of the pocket.
11. Move from the center out and straight stitch each marked cutlery line.
12. Trim the placemat back so it is 1" larger all the way around than the front.
13. Use the Quick Easy Mitered Binding tool technique to bind the placemat. Follow the instructions that come with the Quick Easy Mitered Binding tool for the binding.



14. Use a hand look applique stitch or a feather stitch for stitching the binding.
15. Fold the ribbon in half to find the center of the ribbon.
16. Pin or hold the ribbon on the back of the placemat, at one edge in the middle.
17. Choose a decorative stitch or bar tack.
18. Snap on the appropriate foot for the stitch chosen.
19. Touch the Stop button to sew only one stitch repeat.
20. Sew the ribbon in place.



Add your cutlery, rollup your placemat. You're ready to go!

## **Note 1 – Applique:**

- When sewing an applique make sure you are using the proper foot for the stitch. The Open Toe Applique foot has a groove in the back that allows the foot to move easily over the stitches.
- Slowing your PFAFF® Sewing Machine will give you more control as you create your applique.
- When going around curves, use the needle down button (if available) to help with pivoting.