

Reverse Applique Quilted Runner

By Marie Duncan

Reverse applique embroidery is the perfect accent for this colorful table runner. The featured design, **100443014**, is from PFAFF® embroidery collection 443 Cutwork and More.

To download the design from the PFAFF® website, click on **Embroidery Designs** then **Free Designs**. Click on the Free 2014 March Monthly Project and then **Click here to download the design for Free**.



The entire collection, 443 Cutwork and More is available for purchase at your local PFAFF® dealer.



Sewing Supplies:

- | | |
|-------------------------------------------------------------|-----------|
| • <i>creative</i> ™ All Fabric Hoop II, 150x150 mm | 820889096 |
| • <i>creative</i> ™ Embroidery Cutwork Needle Kit | 820945096 |
| • Clear ¼" Right Guide Foot with IDT™ system | 820881096 |
| • Clear Stitch-In-Ditch Foot with IDT™ system | 820882096 |
| • INSPIRA® Aqua Magic stabilizer | 620120201 |
| • INSPIRA® Tear-A-Way stabilizer | 620120001 |
| • INSPIRA® embroidery needle, size 90 | 620099496 |
| • 1¾ yards tone-on-tone fabric A for embroidery and backing | |
| • ¼ yard tone-on-tone fabric B for applique | |
| • One jelly roll (2½" wide strips of coordinated fabric) | |
| • Cotton Batting | |
| • 40 wt. rayon thread | |
| • Bobbin thread | |
| • Sewing Thread | |
| • Rotary cutter, mat and ruler | |
| • Iron and pressing surface | |

Cut:

From green tone on tone fabric A:

- One rectangle 51" long x 16" wide for backing
- One 13" square for embroidery
- Four strips 2¾" long x width of fabric for binding

From tone-on-tone fabric B:

- One 6" square


From cotton batting:

- One rectangle 51" long x 16" wide

Embroider:

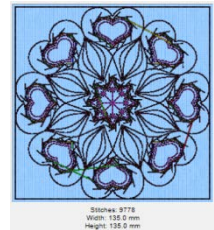
1. Prepare your PFAFF® sewing and embroidery machine for embroidery. Attach the embroidery unit and the Dynamic Spring Foot. Insert a new INSPIRA® embroidery needle, size 90 and thread with 40 wt. Robison Anton thread on top and bobbin thread in the bobbin.


2. Toggle to **Embroidery Edit** .

3. Touch **Select Hoop**  and choose **creative™ All Fabric Hoop II, 150x150**.

4. Load design **100443014**.

The design is a reverse applique, raw edge design that is made using the cutwork needles. The PDF that accompanies the design shows the information we need to stitch the design.

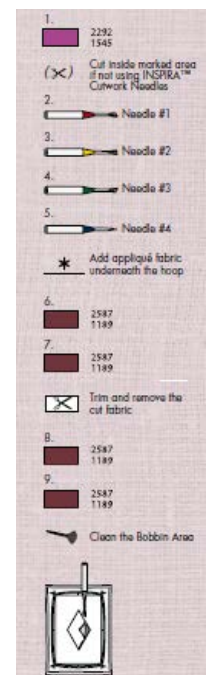



5. Hoop the 13" square of tone-on-tone fabric A along with INSPIRA® Tear-A-Way stabilizer in your **creative™ All Fabric Hoop II**.
6. Attach hoop to embroidery arm and touch **Go to Embroidery Stitch-out** .

7. Color 1 stitches the area where the needles are going to cut. Stitch color 1.



8. Colors 2 through 5 are for the cutwork needles. Insert the appropriate color needle as called for, and stitch, cutting out the heart areas. The design is digitized in such a way, that those cut out sections can be saved and used in another project!

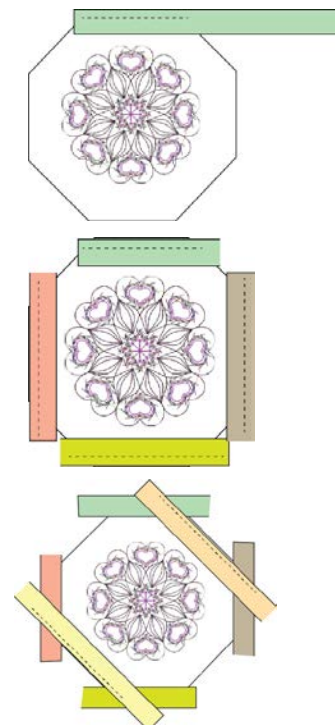
9. After color 5 is complete, slide applique fabric B underneath the hoop.



10. Stitch colors 6 and 7.
11.  is an indication to cut the fabric away at this point, if not using cutwork needles. Since we are using cutwork needles, you can ignore that symbol.
12. Stitch colors 8 and 9 and your embroidery is complete!
13. Remove the fabric from the hoop and tear away any excess stabilizer.
14. Using the template provided, trim the embroidered fabric into an octagon shape, making sure the embroidery is centered in the shape.
Note: Trace the template onto a piece of tear-a-way stabilizer that you can see through to help you get the embroidery perfectly centered in the octagon.

Sew:

1. Toggle to **Sewing Mode** .
2. Thread with sewing thread top and bobbin.
3. Select straight stitch **1.1.1** .
4. Snap-on your Clear ¼" Right Guide Foot and engage the IDT™ system.
5. Frame the embroidery using strips from the jelly roll. Place the first strip along one edge of the octagon as shown. Let the beginning edge extend a bit past the corner.
6. Stitch along the edge.
7. Trim the excess fabric leaving a bit extra.
8. Skip the next diagonal edge and add a strip to each straight edge as shown.
9. Open out the strips and press with the seam allowances going towards the strips.
10. Next, add strips to two opposing diagonal edges.
11. Open out and press.

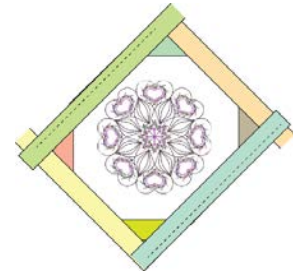


12. Add strips to the opposite opposing diagonal edges.

13. Trim the excess fabric and press.

14. You now have a square. It should measure 11¼" x 11¼".

15. Add a strip to each edge that has seams. Press.



16. The width of the runner has now been established. It is 15¼" wide.

17. Cut 20 more strips 15¼" long to complete the runner.

18. Stitch 10 strips on each side of the center block, starting along the edge with seams.

19. Press all the seams in one direction.

20. Layer pieced top with backing and batting to make a "quilt" sandwich. Pin baste.

21. Snap-on your Clear Stitch-In-Ditch Foot and engage the IDT™ system.

22. Stitch in the ditch of all the seams.

23. True all four edges, trimming away any excess fabric.

24. Sew the 2¾" x width of fabric strips together with mitered seams.

25. Fold the binding strip in half with wrong sides together; press.

26. Bind your runner using your favorite method.

Enjoy!!!

